

Travelling to Barrow

BY CAR

From The M6
Leave the Motorway at junction 36, then follow the A590 all the way to Barrow.

From The Lakes

Take the A592 from Bowness along the Eastern shore of Lake Windermere. Join the A590 which takes you straight to Barrow.

BY TRAIN

The Furness Line, north from Lancashire or South from Carlisle is one of the UK's most attractive and scenic journeys - an experience itself. There is a direct service to Barrow from Manchester Airport.

For details of times and connections telephone National Rail Enquiries on 08457 484950.

BY COACH OR BUS

Stagecoach in Cumbria operate a comprehensive bus service inbetween towns and through the Lakes. There is a National Express Coach connection for Barrow.

For details of journeys contact travel line on 0870 6082608.

SAT NAV REFERENCES:

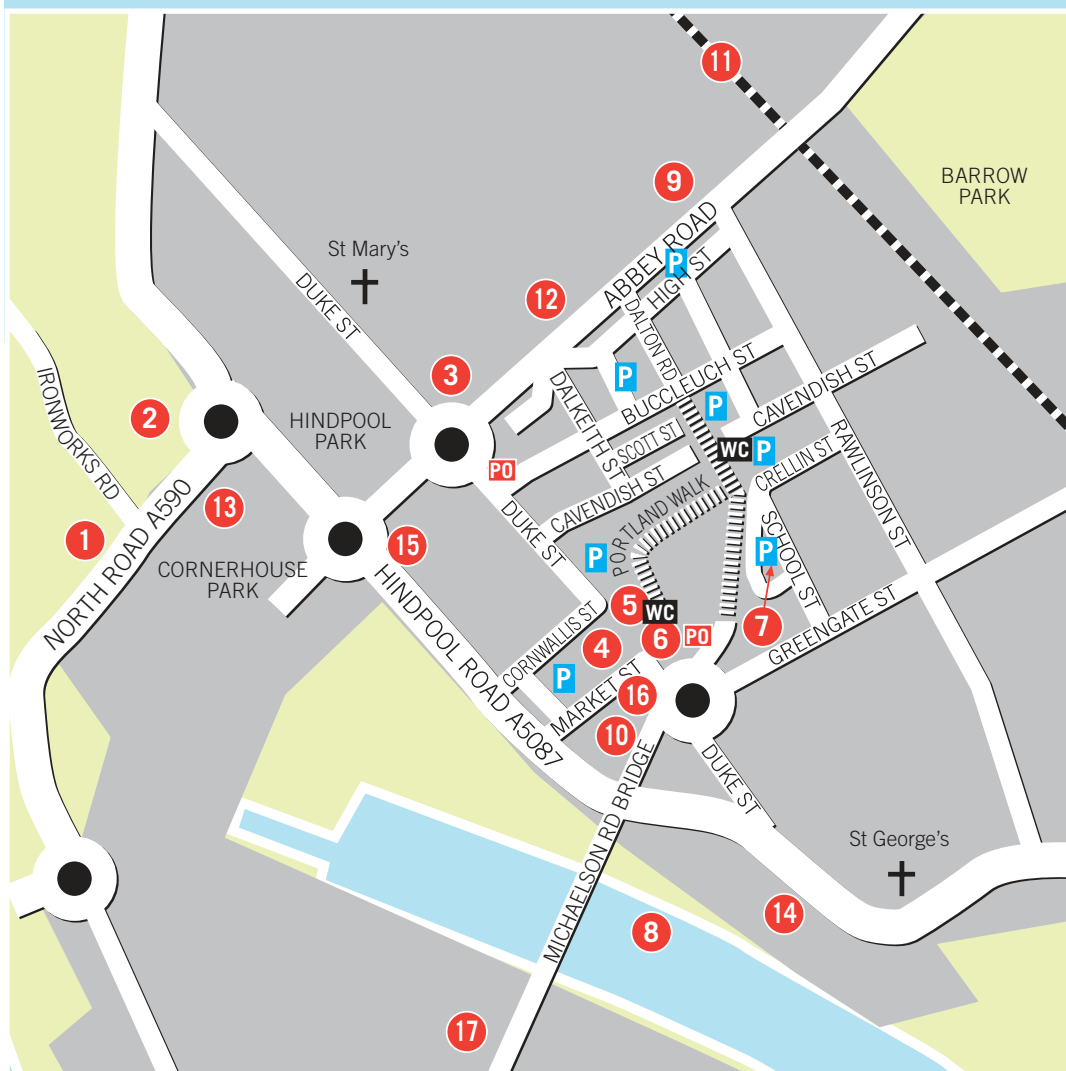
- Princess Selandia - LA14 2HF
- South Lakes Wild Animal Park - LA15 8JR
- Furness Owl Centre - LA14 4QT
- Dock Museum - LA14 2PW
- Tourist information Centre - LA14 1HH
- Lazerzone - LA14 5JF
- Hollywood Park - LA14 1YE
- Furness Abbey - LA13 0PJ
- Markets - LA14 1HU

Car Parking

- Market St - LA14 2LF
- Portland Walk - LA14 1HX
- School/Oldham St - LA14 1JS
- Hall St - LA14 1DR
- Fell St - LA14 1DD
- High St - LA14 1SW
- Whittaker St - LA14 1QN

KEY TO TOWN CENTRE MAP

- | | |
|---|---|
| P Car Parking | 5 Tourist Information Centre |
| WC Toilets | 6 Markets |
| PO Post Offices | 7 Shopmobility |
| + Churches | 8 Princess Selandia |
| 1 Dock Museum | 9 Emlyn Hughes House |
| 2 Hollywood Park | 10 Craven House |
| 2 Apollo Cinema | 11 Railway Station |
| 2 Superbowl | 12 Nan Tait Centre |
| 3 Library | 13 Tesco |
| 4 Town Hall | 14 Morrisons |
| 5 Forum 28 Theatre & Arts Centre | 15 Custom House/Lazerzone/Playzone |
| | 16 Police Station |
| | 17 The Canteen Media & Arts Centre |

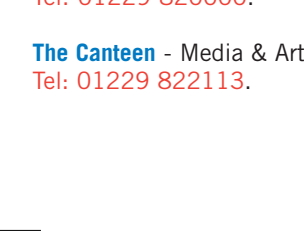
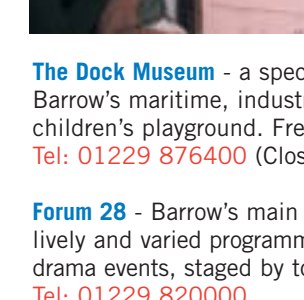
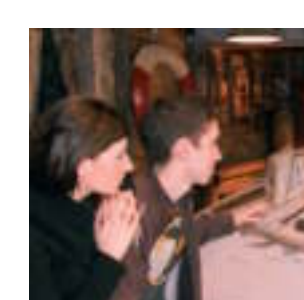
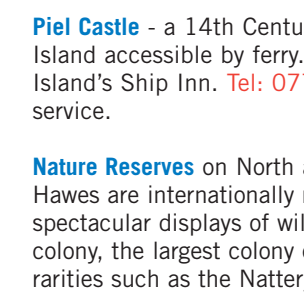
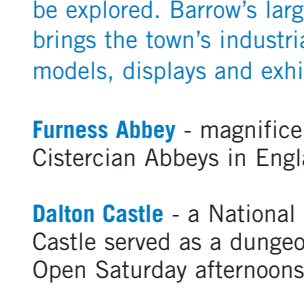
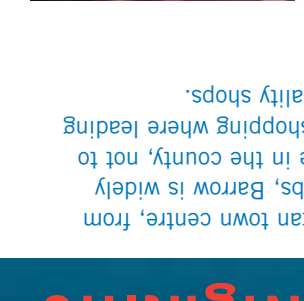
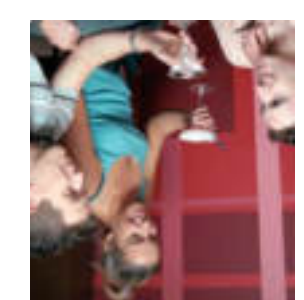
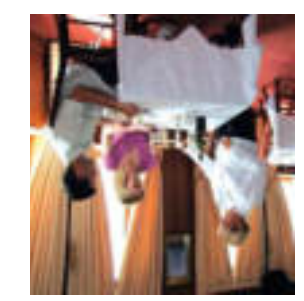


Barrow Tourist Information Centre
Forum twenty eight, Duke Street, Barrow-in-Furness
Tel: 01229 876505
Email: touristinfo@barrowbc.gov.uk

- Services provided include:
- Souvenirs/unusual gifts
 - Accommodation booking service (national & local)
 - National Express agent
 - Free information on Cumbrian attractions and events
 - 24 hour Tourist Information Point



www.barrowtourism.co.uk



The Blue Lagoon is Barrow's latest state of the art floating nightclub on board the Princess Selandia, which adds further to the town's reputation for having lively and diverse night life.
Tel: 01229 835449.

The Custom House - stylish eatery, bar, childrens play area and venue for more traditional establishments, which range from lively fun pubs character of its public houses.
Pubs - Barrow is rich in the Channel and the coast of Roa throughout the town.
Tel: 01229 823823

Cafes and Restaurants - Barrow has an eclectic mix of stylish modern and traditional places to eat.
Tel: 01229 461102.

Colony Gift Corporation - factory shop, restaurant and visitor centre. pubs, dining and small shops.
Tel: 01229 876555.

Barrow Market - undercover traditional market. Open Monday, Wednesday, Friday and Saturday, and specially shopping.
Tel: 01229 876555.

Barrow town - high street brands and specialty shopping.
Tel: 01229 876555.

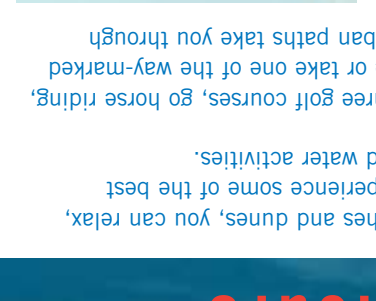
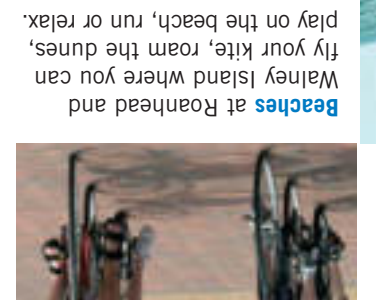
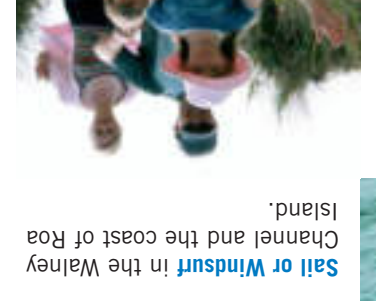
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Beaches at Roanhead and Walney Island where you can fly your kite, roam the dunes, play on the beach, run or relax.
Tel: 01229 871146.

The Park Leisure Centre with funne, wave pool, sports facilities and gym.
Tel: 0870 444312.

Apollo Multiplex Cinema, Showing the latest releases.
Tel: 01229 820444.

Superbowl - American style ten pin bowling.
Tel: 01229 823823.

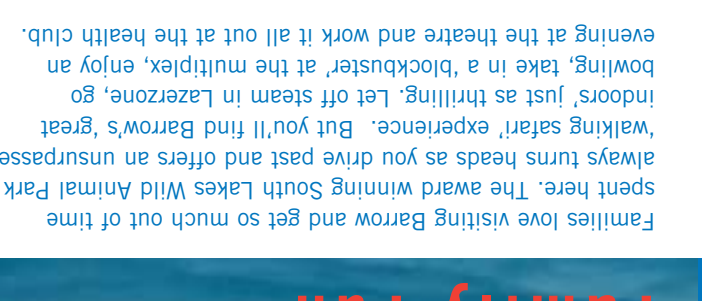
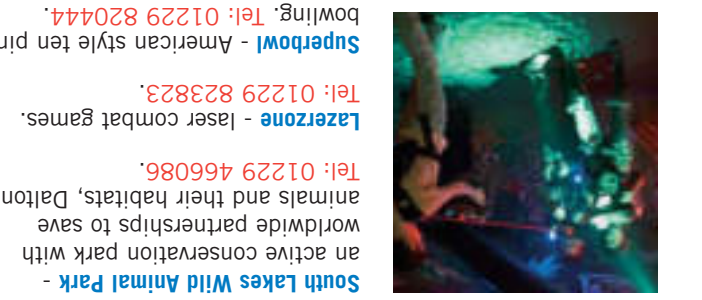
Lazerzone - laser combat games, worldwide partnerships to save animals and their habitats, Dalton.
Tel: 01229 466086.

South Lakes Wild Animal Park - an active conservation park with and fascinating docks area.
Tel: 01229 894784.

Barrow - a 45 acre Edwardian jewel with landscaped grounds, pavilion, bandstand, ornamental flower beds, display conservatory, bowling, putting, boating, miniature railway and play areas.
Tel: 01229 823823.

Wacky Warehouse - indoor play area and family restaurant.
Tel: 01229 824334.

Furness owls - see a variety of owls as well as regular displays from specially trained owl/bird of prey. Seaview Riding School.
Tel: 01229 474251.



Shopping & Nightlife

Culture & Heritage

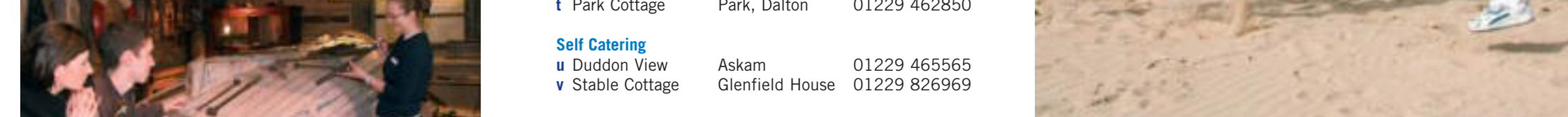
Where to Stay

Active Leisure

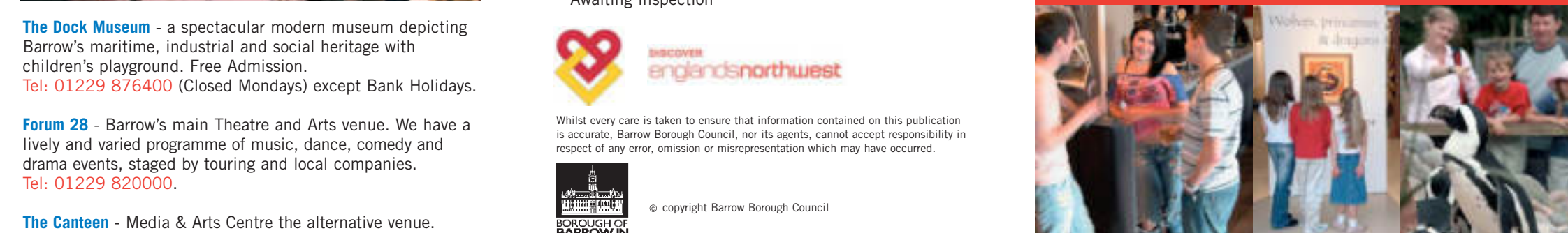
Family Fun

Barrow in Furness

where the lakes meet the sea



FEATURING FREE MAP



www.barrowtourism.co.uk

Inspected Accommodation 2007

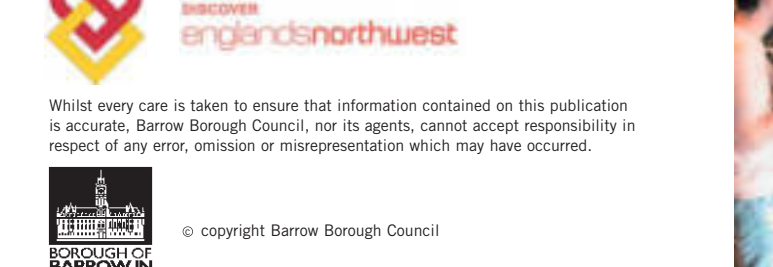
| Barrow | Address | Phone |
|--------|---------------------------------|--------------|
| a | Abbey House Hotel Abbey Road | 01229 838282 |
| b | Ambrose Hotel Duke Street | 01229 830990 |
| c | Barrie House Abbey Road | 01229 825507 |
| d | Chetwynde Hotel Abbey Road | 01229 811011 |
| e | Clarkes Hotel Rampside | 01229 820303 |
| f | Duke of Edinburgh* Abbey Road | 01229 821039 |
| g | East Mount House Abbey Road | 01229 871003 |
| h | Fairway Hotel Hawthwaite Lane | 01229 461200 |
| i | Glen Garth Abbey Road | 01229 825374 |
| j | Greenbank Abbey Road | 01229 837803 |
| k | Infield Hotel Abbey Road | 01229 831381 |
| l | King Alfred Hotel Ocean Road | 01229 474717 |
| m | Lisdoonie Hotel Abbey Road | 01229 827312 |
| n | Michaelson House Fairfield Lane | 01229 820904 |
| o | Ormsill Inn* Park Road | 01229 828307 |
| p | Travelodge Walney Road | 08700 850950 |

| Askam & Dalton | Address | Phone |
|----------------|--------------------------------|--------------|
| q | Askam Hotel Victoria St, Askam | 01229 466161 |
| r | Chequers Hotel Abbey Road | 01229 462124 |
| s | Clarence House Skelgate | 01229 462508 |
| t | Park Cottage Park, Dalton | 01229 462850 |

| Self Catering | Address | Phone |
|---------------|--------------------------------|--------------|
| u | Duddon View Askam | 01229 465565 |
| v | Stable Cottage Glenfield House | 01229 826969 |

| Caravan Parks | Address | Phone |
|---------------|----------------------------|--------------|
| w | South End CP Walney Island | 01229 472823 |

* Awaiting inspection



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