

DON'T SUFFER IN SILENCE

Your home should be a place of safety, but for thousands of women, men and children experiencing domestic abuse it can be the most dangerous place they can be. Domestic abuse is one of the biggest issues in society today, and affects men, women and children. The true scale of the problem is difficult to determine because a large proportion of domestic abuse goes unreported, but studies suggest many millions of people are affected every year.

Domestic abuse (happening in couple relationships or between family members) can include: coercive control (a pattern of intimidation, degradation, isolation and control with the use or threat of physical or sexual violence); psychological and/or emotional abuse; financial abuse; physical or sexual abuse; harassment and stalking; and online or digital abuse.

The Housing Service, in partnership with Women's Community Matters, is proud to be one of the many housing organisations who have signed a pledge to tackle domestic abuse as part of the Chartered Institute of Housing's Make a Stand campaign. By signing this pledge we will support people experiencing domestic abuse to be safe in their own homes or set up a new home after fleeing their abuser.

Here in the Housing Service we have domestic abuse champions, who can offer advice and assistance to anyone (male or female) who has experienced, or is experiencing, domestic abuse.

Anyone contacting us can be assured their concerns will be dealt with in the strictest of confidence.

Please don't wait for an emergency situation to seek help. If domestic abuse is happening to you, it's important to tell someone and remember you're not alone.

Contact Simone Singleton (in confidence) on (01229) 876580 or email: housing@barrowbc.gov.uk

